

Get more Quality Water Time

Adam Fields, Professional Wakeboarder – Wakeboarding Tips.

If you are like MOST people, it takes quite a bit of effort to get out and wakeboard on the lake. In some cases, it takes a LOT of effort and a LOT of money just to make it happen. Since wakeboarding is so cool and you are still planning to ride, you should make the most of your time out there. Here's a few tips to help towards improving your efficiency so you make the most of your water time.



1. Make a list of the items you always want on your boat. Put that list into your phone's notes or reminders. This will help you keep from forgetting key items. As you think of something new and cool, you can add it to your list.
2. Plan ahead with proper food, water, towels, gear, gas, sunscreen, music, and other things you'll like on the boat. A plastic container makes for a great storage transporter.
3. Know the lines of your lake and which way the wind will be blowing, in advance. Have an idea where you'll need to ride so you don't waste time looking for good water.
4. Do your warm-ups before you get on the boat. Keep your muscles warm and loose before its time to strap in. This gets you ready in less time and helps you ride better.
5. Try to eliminate backwash waves by carefully driving your boat. Save space and get more double ups using proper course management. See our tutorial on Double Ups.
6. Communicate with each other about your goals prior to your set and develop a game plan. Know what you are going to do out there so you can get the most out of your set. Make sure your driver knows what you want to do so you two are on the same page.
7. Pay attention to and encourage each rider so they progress and feel encouraged. This will also help you know when they will be finished their set. If you're in the boat, help the driver out with the rope, the boards, and relaying signals so the driver can focus on driving.
8. Get ready before the rider before you finishes. People lose countless minutes wondering who is going to ride next. Have your game plan and body ready for action. This is especially relevant when its cold out. Have your suit on! Get warm! Get ready! Don't get caught off guard and have to rush and get into the water cold.
9. Ride with a purpose. The best riders prepare mentally before they go ride. Get charged physically and mentally before you ride and you'll do so much more.
10. Push yourself to get 10-20 more jumps in on your next set. If you're successfully landing 10-20 more jumps each set you're riding will improve more quickly. For more info, see my instructional about rope length.
11. If you've trailered the boat, finish near your ramp and drain ballast on the way in. Work together to get the boat out of the water, dried, and properly stowed for towing.
12. Gassing the boat up on the way home gets you to the water earlier next round. Note that if your boat will be unused for a while its not good for the gas to sit.

Good luck and have FUN!!! See you on the water.

Adam Fields